

**2007 RULES FOR MIDDLE SCHOOL FOOTBALL
DALLAS INDEPENDENT SCHOOL DISTRICT**

1. **No mandatory kicking requirement!!** It is still our intention, as a district, to improve the development of our middle school kicking games. You are strongly encouraged to try to kick the P.A.T.(Point After Touchdown) when applicable.
2. Quarters are **8 minutes** in length for all 7th and 8th grade games.
3. All other rules will be in accordance with official NCAA rules, and any exceptions to those rules specified by the UIL. Please do not confuse NCAA rules with those of the National Football League. There are many differences!
4. Tie-Breaking Procedure (Tie in Final Standings)
 - >Head-To-Head (If two teams are tied in the standings)
 - >Coin Flip (If two teams are tied in the standings and head-to-head game ended in a tie)
 - >Coin Flip (If three teams are tied in the standings-odd man in)
5. Tie-Breaking Procedure (Bi-District Game ends in a tie)
 - >Coin Flip (Coin Flip winner advances to City Championship)
6. City Championship Game (Games ends in a tie)
 - >Co-Champions

**DALLAS INDEPENDENT SCHOOL DISTRICT
2007 MIDDLE SCHOOL FOOTBALL EXPECTATIONS**

ALL TEAMS MUST TEACH THE FOLLOWING:

1. A BASIC OFFENSIVE SCHEME
2. A BASIC DEFENSIVE SCHEME
3. PUNT FORMATION
 - A. SPREAD PUNT
 - B. TIGHT PUNT
 - C. FAKE PUNT
 - D. LONG SNAP
 - E. CORRECT PUNTING TECHNIQUES
 - F. PUNT COVERAGE LANES
4. EXTRA POINT AND FIELD GOAL
 - A. SHORT SNAP
 - B. CORRECT HOLD AND PLACEMENT OF BALL ON TEE
 - C. KICKING TECHNIQUES
 - D. COVER LANES ON FIELD GOAL ATTEMPT
5. KICK OFF RETURN
 - A. FORMATION
 - B. MIDDLE RETURN
 - C. SIDE OR WALL RETURN
 - D. ON SIDE KICK DEFENSE (HANDS TEAM)
 - E. FAIR CATCH (WHEN AND HOW AND WHY)
6. PUNT RETURN
 - A. PUNT BLOCK (AIMING POINT TO BLOCK PUNT)
 - B. WALL, MIDDLE, OR BOTH RETURN
 - C. FAIR CATCH (WHEN AND HOW)
7. EXTRA POINT AND FIELD GOAL BLOCK
 - A. AIMING POINT TO BLOCK KICK
 - B. DEFENSIVE FORMATION TO BLOCK KICK
8. KICK OFF
 - A. COVERAGE LANES
 - B. ON SIDE KICK
9. ALL NCAA FOOTBALL RULES