

**Dallas Independent School District  
Department of Athletics  
High School Volleyball Plan**

1. Two certified officials will be used when available.
2. Admission price for district contests will be \$2.00 for students and \$3.00 for adults.
3. No artificial noisemakers.
4. Eligibility list must be on file in the Department of Athletics and with the district executive committee chairperson before the first game.
5. The official game ball will be Tachikara provided by the home team.
6. All games will be played according to the district schedule. Varsity games will begin at 6:30 pm on weekdays and 12:00 pm on Saturdays. Junior Varsity games will begin at 5:30 pm on weekdays and 11:00 am on Saturdays. Warm-up must be completed by game time. Head coaches are responsible for scheduling transportation accordingly for both the Junior Varsity and Varsity teams so that games will start on time.
7. Varsity games will follow the rally scoring format:
  - 3 out of 5 games to 25 (no cap)
  - 5<sup>th</sup> game to 15 (no cap)
  - The let serve shall be allowed
  - Each team shall be allowed two time-outs per game
8. Junior Varsity matches will follow the rally scoring format:
  - 2 out of 3 to 25 (cap at 30)
  - 3<sup>rd</sup> game to 25 (cap at 30)
  - The let serve shall be allowed
  - Each team shall be allowed two time-outs per game
9. Warm-up schedule will be as follows:
  - 6 minutes-visitors hit
  - 6 minutes-home hits
  - 3 minutes-serve
10. Tie breaker format:
  - (A) Two teams tie in percentage – Step 1: The team that defeated the other in head-to-head competition in both games will be declared the winner and the other the runner-up. Step 2: If the two teams split in head-to-head competition, the two teams shall play one game to determine the winner and the other will be the runner up OR head coaches can choose places for playoff seeding only. Both teams will receive trophies and be declared “Co-Champions”.
  - (B) Three teams tied in percentage – Teams will be declared “Tri-Champions” and all teams will receive trophies. To break the tie for playoff seeding purposes, teams play a district tournament OR head coaches can choose places for playoff seeding only. If coaches cannot agree, the teams will play a tournament to determine seeding. A draws a bye: B plays C and C wins; C plays A. If A wins, C is the runner-up and B is third place. If C wins, A plays B to determine second and third place.
  - (C) Four teams tied in percentage. Teams play a district tournament. Draw for spots. A plays C; B plays D. Winners of the first games play for championship runner-up; losers of the first two games play for third place.
  - (D) More than four teams tied in percentage. Teams play a district tournament.

11. The home team is listed first on the district schedule.
12. Home team provides an adult scorekeeper.
13. Preseason games at local campuses are to be handled by home team. This includes securing pay of officials. The head coach of the home team must turn in the proper paperwork the day following the game, for the officials to be paid efficiently.
14. A complete team roster of player and game line-up must be turned into the scorekeeper at least ten minutes prior to game time.
15. The participation report form should be sent to the Department of Athletics immediately following the game (NOT AT THE END OF THE SEASON). Season and district records should be included on the report.
16. Lettering Procedures: Athletes must participate in at least one-half of the varsity volleyball district games to be eligible for a letter jacket. The head coach has the discretion to letter any athletes who have not met this requirement but have significantly contributed to the program.
17. The head coach of the first place team of each district will conduct a meeting to select an all-district team. The meeting should not be scheduled until the last district team is out of the playoffs. All district selections will comply with the Dallas ISD format. Nominees will be **voted** to the Elite Team, First Team, and Second Team by the head coach of each district school (see voting procedures).
18. The head coach of the first place team in each district is responsible for submitting a typed copy of these selections (**via email only**) to the Volleyball Coordinator in the Department of Athletics. As soon as the selections are finalized and the grade classifications and correct spelling of all names have been confirmed, the Assistant Athletic Director / Volleyball Coordinator will submit selections to The Dallas Morning News.

### All-District Honors

The Elite Team: MVP  
MV Setter  
MV Hitter  
MV Defense (or Libero)  
MV Blocker  
New-Comer of the Year  
Coach of the Year

### All-District Selection Procedures

- First, coaches nominate their respective players for a position on the elite team.
- After the nominations, votes are taken to determine selections (coaches cannot vote for their own players).
- Second, coaches nominate their respective players for a position on the first team (should not include members of the elite team).
- After the nominations, votes are taken to determine selections (coaches cannot vote for their own players).
- If the voting results deem more than one selection in a position, the coaches can honor more than one player for that position, or revote.
- The second team will be composed of players not selected to the elite team or first team.