Curbside Meal Pickup - Cooking Instructions

Store all products in refrigerator (below 41°F) until ready to consume.
Follow instructions below and adjust cooking times as needed.
Discard any product that is not consumed within 4 hours after heating.

Breakfast

1% White Milk (13 g CHO for 8oz). Allergy Information: Contains Milk.
Preparation Instructions:
1. Keep refrigerated.
2. Pour 1 (8oz) cup of milk into glass.
   Total servings per 1-gallon milk= 16 (8oz) cups.

Bake Crafters Maple Waffle Sausage Sandwich (15 g CHO). Allergy Information: Contains Egg, Milk, Soy and Wheat.
Preparation Instructions:
1. Preheat oven to 350°F.
2. Remove from package and place on a baking sheet.
3. Heat in oven for 15-17 minutes to an internal temperature of 165°F.

Bake Crafters Pancake Sausage Sandwich (17 g CHO). Allergy Information: Contains Egg, Milk, Soy and Wheat.
Preparation Instructions:
1. Preheat oven to 350°F.
2. Remove from package and place on a baking sheet.
3. Heat in oven for 15-17 minutes to an internal temperature of 165°F.

Eggo® Mini Waffle Bites, Cinnamon Flavored (35 g CHO). Allergy Information: Contains Wheat, Egg, Soy and Milk.
Preparation Instructions:
1. Preheat oven to 350°F.
2. Place pouch flat on a baking sheet.
3. Heat in oven for 9-10 minutes.

Fernando’s® Egg, Turkey Sausage & Cheese Breakfast Burrito (20 g CHO). Allergy Information: Contains Egg, Milk, Soy and Wheat.
Preparation Instructions:
1. Preheat oven to 280°F.
2. Remove from package and place on a baking sheet.
3. Heat in oven for 20-25 minutes to an internal temperature of 160°F.

Foster Farms Maple Turkey Pancake Wrap (17 g CHO). Allergy Information: Contains Wheat, Soy and Egg.
Preparation Instructions:
1. Preheat oven to 350°F.
2. Remove from package and place on a baking sheet.
3. Heat in oven for 23-25 minutes to an internal temperature of 160°F.
Foster Farms Mini Maple Turkey Pancake Wrap (15 g CHO).  Allergy Information: Contains Wheat, Soy and Egg.

Preparation Instructions:
1. Preheat oven to 350°F.
2. Remove from package and place on a baking sheet.
3. Heat in oven for 15 minutes to an internal temperature of 160°F.

Hot Off the Grill™ Beef Sausage & Cheese Mini Bagel (26 g CHO).  Allergy Information: Contains Wheat, Milk and Soy.

Preparation Instructions:
1. Preheat oven to 350°F.
2. Remove from package and place on a baking sheet.
3. Heat in oven for 18-20 minutes to an internal temperature of 160°F.

Hot Off the Grill™ Turkey Ham & Cheese on a Hawaiian Bun (27 g CHO).  Allergy Information: Contains Wheat, Milk and Soy.

Preparation Instructions:
1. Preheat oven to 325°F.
2. Remove from package and place on a baking sheet.
3. Heat in oven for 18-20 minutes to an internal temperature of 165°F.

National Food Group Apple Cinnamon Texas Toast (45 g CHO).  Allergy Information: Contains Wheat, Milk and Soy.

Preparation Instructions:
1. Preheat oven to 325°F.
2. Heat in oven for 6-9 minutes.

Padrino Foods Pinto Bean and Cheese Tamale (22 g CHO each).  Allergy Information: Contains Milk and Soy.

Preparation Instructions:
1. Preheat oven to 325°F.
2. Remove from package and place on a baking sheet.
3. Heat in oven for 10-15 minutes to an internal temperature of 165°F.

Pillsbury™ Mini Bagels with Strawberry Cream Cheese (41 g CHO).  Allergy Information: Contains Milk and Wheat.

Preparation Instructions (recommended to heat). Product can also be consumed from a thawed state:
1. Preheat oven to 350°F.
2. Place pouch flat on a baking sheet.
3. Heat in oven for 10-11 minutes.

Pillsbury™ Mini Cinnis (39 g CHO).  Allergy Information: Contains Wheat and Milk.

Preparation Instructions:
1. Preheat oven to 350°F.
2. Place pouch flat on a baking sheet.
3. Heat in oven for 7-8 minutes.

Super Slice® – Super Banana® (45 g CHO).  Allergy Information: Contains Wheat, Eggs, Soy, and Milk.

Preparation Instructions (recommended to heat). Product can also be consumed from a thawed state:
1. Preheat oven to its lowest setting (200°F or below).
2. Remove product from package and place on a baking sheet.
3. Heat in oven 4-5 min. just until it’s warmed throughout.

TONY’S® Turkey Sausage Breakfast Pizza (31 g CHO).  Allergy Information: Contains Wheat, Milk and Soy.

Preparation Instructions:
1. Preheat oven to 375°F.
2. Remove product from package and place on a baking sheet.
3. Heat in oven for 16-17 minutes to an internal temperature of 165°F.
ULTRA® Mini Loaf – Super Lemon® (28 g CHO). Allergy Information: Contains Wheat, Milk, Soy and Egg. Preparation Instructions (recommended to heat). Product can also be consumed from a thawed state:
1. Preheat oven to its lowest setting (200°F or below).
2. Remove product from package and place on a baking sheet.
3. Heat in oven 4-5 minutes just until it’s warmed throughout.

ULTRA® Mini Loaf - Super Orange® (26 g CHO). Allergy Information: Contains Wheat, Milk, Soy and Egg. Preparation Instructions (recommended to heat). Product can also be consumed from a thawed state:
1. Preheat oven to its lowest setting (200°F or below).
2. Remove product from package and place on a baking sheet.
3. Heat in oven 4-5 minutes just until it’s warmed throughout.

Lunch/ Supper

AdvancePierre™ Mini Grilled Chicken with Pepper Jack Cheese Sandwiches (36 g CHO for 2 Sliders). Allergy Information: Contains Wheat, Soy and Milk. Preparation Instructions:
1. Preheat oven to 275°F.
2. Remove from package and place on a baking sheet.
3. Heat in oven for 18-20 minutes or to an internal temperature of 165 °F.

AdvancePierre™ Mini Cheeseburgers (36 g CHO for 2 Sliders). Allergy Information: Contains Milk, Soy and Wheat. Preparation Instructions:
1. Preheat oven to 275°F.
2. Remove from package and place on a baking sheet.
3. Heat in oven for 18-20 minutes or to an internal temperature of 165 °F.

Baby Carrots (8 g CHO). Allergy Information: none. Preparation Instructions:
1. Keep refrigerated.
2. Measure ½ cup carrots.
   Total servings per 1-pound bag = 6 (1/2 cup) servings.

Buena Vista Foods® Three Cheese Calzone (39 g CHO). Allergy Information: Wheat, Soy and Milk. Preparation Instructions:
1. Preheat oven to 350°F.
2. Remove calzone from package and place on a baking sheet.
3. Heat in oven for 12-14 minutes to an internal temperature of 165°F.

Buena Vista Foods® Turkey Pepperoni Calzone (39 g CHO). Allergy Information: Wheat, Soy and Milk. Preparation Instructions:
1. Preheat oven to 350°F.
2. Remove calzone from package and place on a baking sheet.
3. Heat in oven for 12-14 minutes to an internal temperature of 165°F.

ES Foods Pinwheel - Meatball (42 g CHO). Allergy Information: Contains Wheat, Soy, Egg and Milk. Preparation Instructions:
1. Preheat oven to 350°F.
2. Remove pinwheel from package and place on a baking sheet.
3. Heat in oven 10-14 minutes to an internal temperature of 165°F.
4. Let stand 5 minutes prior to serving.
Fernando’s® Bean and Cheese Burrito (40 g CHO).  
*Allergy Information: Wheat, Soy and Milk.*
**Preparation Instructions:**
1. Do not remove wrapper to heat.
2. Heat in microwave for 1-2 minutes to an internal temperature of 160 °F.

Fernando’s® Beef and Cheese Taco Snack Burrito (38 g CHO).  
*Allergy Information: Wheat, Soy and Milk.*
**Preparation Instructions:**
1. Preheat oven to 280°F.
2. Heat in oven for 25-30 minutes to an internal temperature of 160 °F.

Foster Farms Chicken Corn Dog (30 g CHO).  
*Allergy Information: Contains Wheat, Soy, and Egg.*
**Preparation Instructions:**
1. Individually Wrapped: Vent package by opening sealed end prior to heating.
2. Wrapped in Foil: completely remove packaging *(DO NOT PLACE FOIL IN MICROWAVE)*
3. Microwave for 20 seconds, turn corndog, microwave for 20 more seconds to an internal temperature of 165°F.

Hot Off the Grill™ BBQ Rib Sandwich (32 g CHO).  
*Allergy Information: Contains Soy and Wheat.*
**Preparation Instructions:**
1. Preheat oven to 350°F.
2. Place product flat on a baking sheet. Film is oven able and does not need to be removed.
3. Heat in oven for 20-25 minutes to an internal temperature of 160°F.

Microwave Instructions (thawed):
1. Open one end of the package.
2. Place on microwave safe plate,
3. Microwave 40-50 seconds; or until heated through.

Hot Off the Grill™ Beef & Cheese Taco Stick (32 g CHO).  
*Allergy Information: Contains Milk, Soy and Wheat.*
**Preparation Instructions:**
1. Preheat oven to 325°F.
2. Place product flat on a baking sheet. Film is oven able and does not need to be removed.
3. Heat in oven for 18 minutes to an internal temperature of 160°F.

Hot Off the Grill™ Chili Cheese Dog (32 g CHO).  
*Allergy Information: Contains Milk, Soy and Wheat.*
**Preparation Instructions:**
1. Preheat oven to 275°F.
2. Place product flat on a baking sheet. Film is oven able and does not need to be removed.
3. Heat in oven for 15-18 minutes to an internal temperature of 160°F.

Microwave Instructions (thawed):
1. Open one end of the package.
2. Place on microwave safe plate,
3. Microwave 40-50 seconds; or until heated through.

Hot Off the Grill™ Grilled Cheese Sandwich (32 g CHO).  
*Allergy Information: Contains Milk, Soy and Wheat.*
**Preparation Instructions:**
1. Preheat oven to 350°F.
2. Place pouches flat on a baking sheet. Film is oven able and does not need to be removed.
3. Heat until cheese is melted about 12 minutes.

Microwave Instructions (thawed):
1. Open one end of the package.
2. Place on microwave safe plate,
3. Microwave 40-50 seconds; or until heated through.
Land O Lakes® Cheddar Cheese Dip Cup (14g CHO). Allergy Information: Contains Milk.
Preparation Instructions:
1. Remove Foil Lid.
2. Scoop cheese sauce from original container into a microwave safe container. Do NOT Microwave in original container.
3. Microwave 1-2 minutes, stir. Continue microwaving for an additional 30 seconds until sauce reaches 145°F. Warning: CONTENTS WILL BE HOT.

LOS CABOS® Bean and Cheese Dip Bowl (16 g CHO). Allergy Information: Milk and Soy.
Preparation Instructions:
1. Keep refrigerated. Do not remove film before heating.
2. Heat in microwave for 30-45 seconds to an internal temperature of 165°F.
3. Let rest for 1 minute before consuming.

LOS CABOS® Macho Chili Cheese Burrito (35 g CHO). Allergy Information: Contains Wheat, Soy and Milk.
Preparation Instructions:
1. Pre-heat oven to 300°F.
2. Remove burrito from package and place on a baking sheet.
3. Heat in oven for 19-21 minutes until product reaches 165°F.

LOS CABOS® Two Cheese Quesadilla (31 g CHO). Allergy Information: Contains Milk, Soy and Wheat.
Preparation Instructions:
1. Pre-heat oven to 225°F.
2. Remove quesadilla from package and place on a baking sheet.
3. Heat in oven for 18-22 minutes until product reaches 160°F and cheese is melted.
* It is NOT recommended to heat this product in the microwave.

Padrino Foods Chicken Tamale (22 g CHO each). Allergy Information: Contains Soy.
Preparation Instructions:
1. Preheat oven to 325°F.
2. Remove from package and place on a baking sheet.
3. Heat in oven for 10-15 minutes to an internal temperature of 165°F.

SUPERPRETZEL® Baked Pretzel Mini (14 g CHO). Allergy Information: Contains Wheat.
Preparation Instructions:
1. Preheat oven to 350°F.
2. Remove pretzel from package and place on a baking sheet.
3. Heat in oven 3-5 minutes.

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