COVID-19 Facts and Overcoming Hesitancy

There are three COVID-19 vaccines currently in the U.S. from Pfizer, Moderna (requires two doses), and Johnson & Johnson (requires one dose), that provide excellent protection (65%-95%) against the virus. **Most importantly, these vaccines almost completely protect against severe COVID-19 infections leading to hospitalization or death.**

**VACCINE FACTS:**
- COVID-19 vaccines are safe and extremely effective.
- Vaccines help protect you and your family, neighbors, and co-workers, and help prevent severe COVID illness.
- Many doctors, nurses, community leaders and your neighbors have already received the vaccines.
- Vaccines are our best chance at ending the pandemic.

Side effects after the COVID-19 vaccine are normal and a sign your body is activating to protect you against the virus. Avoid taking medications such as acetaminophen or ibuprofen immediately before the shot to avoid dulling the effect of the vaccine. Post-vaccination, please continue wearing mask, social distancing, and washing hands often.

Take the shot and protect yourself and your family by getting vaccinated. Ferguson Road Initiative is partnering with our friends from Catalyst Health Network, St. Rep. Jasmine Crockett, County Commissioner Theresa Daniel, Councilmember Adam Bazaldua and Paula Blackmon’s offices. Catalyst will be offering you a choice of either the Pfizer or Johnson & Johnson vaccines. For more information please email intern@fergusonroad.org.

**Let’s do our part and get vaccinated!**